

**2010 INBF Tri-State Bodybuilding &  
Figure Championships  
Pro Qualifier  
Saturday, 15 May 2010  
Official Entry Form**

Fee: \$75. Crossover fee: **\$25.**

**Please place a checkmark next to the class you would like to enter.**

**Open Men\***

- Bantamweight Under 150 lbs.
- Lightweight Over 150 ¼ lbs. to 165 lbs.
- Middleweight Over 165 ¼ lbs. to 176 lbs.
- Light-heavyweight Over 176 ¼ lbs. to 190 lbs.
- Heavyweight Over 190 lbs.

**Open Women**

- Lightweight-under 118 lbs.
- Heavyweight-118 ¼ lbs and over

**Masters Figure**

- Over 40 One round (swimsuit walk and comparisons).

**Open Figure\***

- Swimsuit walk and comparisons. Classes to be announced.

**Teen**

- Men

**Novice:**

- Men
- Women

**Men Masters:**

- Over 40
- Over 50

**Women Masters**

- Over 40

**Ms. Fit Body**

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**Note:** Teen, Masters Men & Women have the option to crossover into the Open if they wish. Weight classes are subject to change based on number of competitors.

**Music:** Professional-quality CD must be preset to a maximum of 90 seconds. **Cassette tapes will not be accepted!**

PRINT NAME \_\_\_\_\_ . AGE \_\_\_\_\_ .

Telephone number & best time to call. \_\_\_\_\_ .

ADDRESS \_\_\_\_\_ . City \_\_\_\_\_ .

STATE \_\_\_\_\_ . ZIP \_\_\_\_\_ . E Mail address \_\_\_\_\_

GYM/TRAINER REPRESENTING \_\_\_\_\_ . **INBF membership#** \_\_\_\_\_ . **Exp** \_\_\_\_\_ .

TITLES: PLEASE LIST ALL TITLES AND CLASSES YOU PLACED. \_\_\_\_\_ .

**WAIVER:** In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the International Natural Bodybuilding & Fitness, Inc. (INBF), World Natural Bodybuilding Federation, Inc. (WNBF), The Dayton Convention Center, Delbert and LaDawn Hickman, 2Fit Productions, and any sponsors, agents, representatives and assigns for any injuries and/or losses suffered by me as a result of my participation and/or attendance at the 2010 INBF Tri-State Bodybuilding and Figure Championships on May 15, 2010.

SIGNATURE \_\_\_\_\_ . DATE \_\_\_\_\_

SIGNATURE OF PARENT OR GUARDIAN (if under 18) \_\_\_\_\_ .

**Make check or money order out to:** 2Fit Productions

**Send to:** 5878 Horrell Road, Trotwood, Ohio 45426

**Early Bird Entry Fee Deadline:** May 8th, 2010

**\*\*\*\*\*Please read, download, sign, and return the banned substance list.**

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**Eligibility**

Open to all amateur athletes who possess a current INBF card (\$40) or who obtain one the day of the show. Athletes must be **7 years Drug Free** from the date of the event.

**Testing**

Each athlete will take a **polygraph test** to ensure they have not taken anything listed on the INBF Banned Substance list. The polygraph test fee is included in the \$75 entry fee.

**Awards**

Bodybuilding - 1<sup>st</sup>-5<sup>th</sup> place in each weight class. Note: The overall Open Men's winner to be awarded a WNBF rookie pro card.

Figure - 1<sup>st</sup>-5<sup>th</sup> place (if there is a split in classes, 1<sup>st</sup>-5<sup>th</sup> place each class & overall). Note: The overall Open Figure winner to be awarded a WNBF rookie pro card.

Ms. Fit Body - 1<sup>st</sup>-5<sup>th</sup> place (if there is a split in classes, 1<sup>st</sup>-5<sup>th</sup> place each class & overall)

**Music**

CD's only – CD must be preset to a maximum of 90 seconds. Cassette tapes will not be accepted.

**Show Times:**

**Pre-judging**

11:00 AM Sharp - Ticket Price \$12 – Doors open at 10:00am (\$10 dollars in advance)

**Night show**

6:00 PM Sharp - Ticket price \$15 – Doors open at 5:00pm (\$12 dollars in advance)

**Order of Events**

Teen  
Novice  
Masters Figure  
Open Figure  
Masters Women  
Ms. Fit Body  
Open Women  
Masters Men  
Open Men

**Directions:** Dayton Convention Center Downtown, 130 W 2nd St Dayton, OH 45402. For directions, please go to: <http://www.daytonconventioncenter.com/directions.php>

**Promoters:**

Delbert and LaDawn Hickman, 2Fit Productions  
Phone: (937) 344-9884  
Email: wnbprofessional@aol.com